



There's no better way to enjoy Wollongong's beautiful beach and mountain views than on your bike. By using pedal power, you can explore more than 42 kilometres of shared pathways from Sandon Point to City Beach, and as far south as Lake Illawarra.

of the city's 17 patrolled beaches for a swim, or to take a dip in one of our nine public pools. We've got great parks and playgrounds dotted along our coast stops. A must-try is the regional playground at Thirroul. and the opening of a licensed café. climb up or swing on including one of Australia's longest flying foxes. If the kids aren't worn out after exploring this park, there's our award-winning regional make it a longer trip? playground in Towradgi to try, too. Plus, at larger parks Book into a beachside cabin – you can pick between and at patrolled beaches you'll find public toilets.

On your bike you've got the flexibility to stop by one hot fish and chips. If you stop by North Wollongong don't miss the refurbished North Beach Bathers Pavilion. This historic building and its surrounds have recently undergone a major overhaul, which included so families are spoilt for choice when it comes to rest landscaped surrounds, new toilet and shower facilities

It's big, and has everything kids could want to explore, It doesn't have to be a flying visit to Wollongong. Council has three tourist parks in prime beachside locations at Bulli, Corrimal and Windang, so why not

one, two and three bedroom options - or bring your It's not just about keeping the kids happy, though. All caravan or camping equipment. Whatever you decide, along our coastal share ways are cafés and restaurants be sure to reserve your spot early as our popular parks that are just the spot for coffee and cake, or piping book up quickly.



WOLLONGONG

tourist parks

For more information visit:

www.wollongong.nsw.gov.au

www.visitwollongong.com

www.wollongongtouristparks.com.au

Garawarra State STANWELL STANWELL PARK

SHARED PATHS

Shared paths provide an off road facility for both cyclists and pedestrians and are significantly wider than standard footpaths. Wollongong's shared path network is shown on this map. As a cyclist using a shared path, be mindful of pedestrians and observe the following:

you cross the path.

Keep to the left... share the track



Keep left except when overtaking slower traffic. Look before



Ensure people are aware of your presence Use your bell or shout to warn when approaching.



Cyclists give way to pedestrians Always travel at a safe speed, watch out for other path users.



Move off the path when stopped

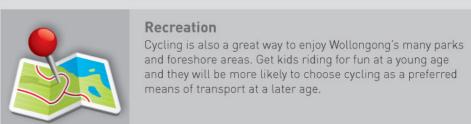


Avoid obstructing the path of other users.

WHY RIDE A BIKE?

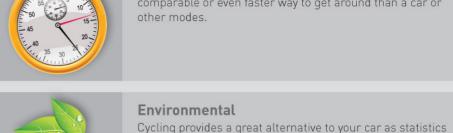


Cycling is a low impact form of exercise that can start from your front door. Making cycling part of your commute to work is a convenient way of including physical activity in your day that is easier to sustain than additional trips to gymnasiums or other exercise activities. Try one or two days a week commuting for a start.

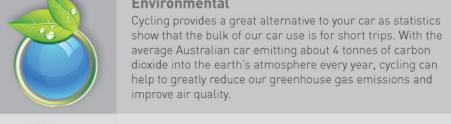


and they will be more likely to choose cycling as a preferred means of transport at a later age.

As a door-to-door form of transport, cycling can provide a



comparable or even faster way to get around than a car or other modes.



average Australian car emitting about 4 tonnes of carbon dioxide into the earth's atmosphere every year, cycling can

help to greatly reduce our greenhouse gas emissions and improve air quality. Commuting to and from work by bicycle provides a low cost



Financial

alternative to other forms of transport. For some, cycling can provide the opportunity to avoid owning a second car. Average running costs for small to medium sized cars total about \$200 per week. Significantly higher costs can be expected for larger vehicles.

BICYCLES ON PUBLIC TRANSPORT

Although bicycles are not allowed on buses in Wollongong, you can take your bike on CityRail trains free of charge in non-peak travel times. However if some of your journey is made between 6am and 9am or between 3.30pm and 7.30pm during weekdays, you will need to purchase a child's ticket for your bike in addition to your own ticket.

Bicycle lockers for hire The following stations have bicycle lockers for hire to keep

your bicycle and accessories safe from wet weather and theft:

 Port Kembla Station Thirroul Station

- Bulli Station • Coniston Station
- Corrimal Station
- Towradgi Station Cringila Station Unanderra Station
- Dapto Station Fairy Meadow Station
- Wollongong Station North Wollongong Station Helensburgh Station

Log on to 131500.com.au for details on how to hire a locker at one of these locations.



LOCAL CYCLE GROUPS Illawarra Bicycle User Group Incorporated (iBUG)

www.ibug.org.au Illawarra Cycle Club

www.illawarracycleclub.org.au

Illawarra Triathlon Club www.itc.org.au

Illawarra Touring Cycle Club Email: pjones@tpe.com.au

WEA Ramblers www.illawarraramblers.com.au

Wollongong Mountain Bike Club

www.wmbc.asn.au



CLIFTON

Cyclists have the same rights and responsibilities as drivers and

motorcycle riders with some additional rules specifically for cyclists. Cyclists are only permitted to ride on a footpath if they are

- under 12 years of age or accompanying a rider under 12 years. All bicycles must be fitted with an effective brake and a
- horn, bell or similar warning device. Cyclists and passengers must wear an approved, correctly fitted and fastened bike helmet.
- When riding at night, cyclists must have a steady or flashing white light on the front and steady or flashing red
- light at the rear of the bike. Cyclists may ride two abreast but must ride within 1.5 metres of each other.
- Always use hand signals when stopping or turning. Cyclists must not ride on a pedestrian crossing unless
- there is a green bicycle light. Cyclists may overtake another vehicle on the left unless
- that vehicle is turning left and signalling. • A cyclist may travel to the front of a line of traffic on the left side of stopped vehicles.
- lane roundabout providing you give way to any other vehicle leaving the roundabout. More information www.bicycleinfo.nsw.gov.au
- RTA Handbook for Bicycle Riders www.bicycleinfo.nsw.gov. au/downloads/bicycle_riders_handbook.pdf



REPORTING HAZARDS

Visit the Roads and Maritime Services website bicycleinfo.nsw.gov.au. Whether you're in Wollongong or in any other Council area, travelling on a local or main road, the 'report a hazard' service on this website ensures that your notification reaches the responsible authority.

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LOCAL BIKE STORES AND WORKSHOPS

337 Keira Street Wollongong NSW 2500 (02) 4228 7366

4 Regent Street Wollongong NSW 2500 (02) 4231 6323

(02) 4284 3434 Simple Cycles 80 Market Street Wollongong NSW 2500

Spearman Cycles

301 Keira Street

Wollongong NSW 2500 [02] 4229 2317 Avanti Plus Wollongong Wilson's Bike Hub 113 King Street

> 6-10 Princes Highway Dapto NSW 2530 [02] 4261 5444 185 Princes Highway Albion Park Rail NSW 2527

> > Steel City Cycle Works 365-367 Lawrence Hargrave Drive Thirroul NSW 2515 [02] 4267 1747

[02] 42561948





Wollongong Bike Hub

Warrawong NSW 2502 [02] 4274 4534

Illawarra Cycle Centre 89 Railway Street Corrimal NSW 2518

(02) 4229 7888



