



# RIDE the Gong

There's no better way to enjoy Wollongong's beautiful beach and mountain views than on your bike. By using pedal power, you can explore more than 42 kilometres of shared pathways from Sandon Point to City Beach, and as far south as Lake Illawarra.

On your bike you've got the flexibility to stop by one of the city's 17 patrolled beaches for a swim, or to take a dip in one of our nine public pools. We've got great parks and playgrounds dotted along our coast so families are spoilt for choice when it comes to rest stops. A must-try is the regional playground at Thirroul. It's big, and has everything kids could want to explore, climb up or swing on including one of Australia's longest flying foxes. If the kids aren't worn out after exploring this park, there's our award-winning regional playground in Towradgi to try too. Plus, at larger parks and at patrolled beaches you'll find public toilets. It's not just about keeping the kids happy, though. All along our coastal share ways are cafés and restaurants that are just the spot for coffee and cake, or piping

hot fish and chips. If you stop by North Wollongong don't miss the refurbished North Beach Bathers Pavilion. This historic building and its surrounds have recently undergone a major overhaul, which included landscaped surrounds, new toilet and shower facilities and the opening of a licensed café. It doesn't have to be a flying visit to Wollongong. Council has three tourist parks in prime beachside locations at Bulli, Corrimal and Wingham, so why not make it a longer trip? Book into a beachside cabin – you can pick between one, two and three bedroom options – or bring your caravan or camping equipment. Whatever you decide, be sure to reserve your spot early as our popular parks book up quickly.



Destination  
**WOLLONGONG**



For more information visit:  
[www.wollongongnsw.gov.au](http://www.wollongongnsw.gov.au)  
[www.visitwollongong.com.au](http://www.visitwollongong.com.au)  
[www.wollongongtouristparks.com.au](http://www.wollongongtouristparks.com.au)



## SHARED PATHS

Shared paths provide an off road facility for both cyclists and pedestrians and are significantly wider than standard footpaths. Wollongong's shared path network is shown on this map. As a cyclist using a shared path, be mindful of pedestrians and observe the following:



### Keep to the left... Share the track

Keep left except when overtaking slower traffic. Look before you cross the path.



### Ensure people are aware of your presence

Use your bell or shout to warn when approaching.



### Cyclists give way to pedestrians

Always travel at a safe speed, watch out for other path users.



### Move off the path when stopped

Avoid obstructing the path of other users.

## WHY RIDE A BIKE?



### Health

Cycling is a low impact form of exercise that can start from your front door. Making cycling part of your commute to work is a convenient way of including physical activity in your day that is easier to sustain than additional trips to gyms or other exercise activities. Try one or two days a week commuting for a start.



### Recreation

Cycling is also a great way to enjoy Wollongong's many parks and foreshore areas. Get kids riding for fun at a young age and they will be more likely to choose cycling as a preferred means of transport at a later age.



### Time saving

As a door-to-door form of transport, cycling can provide a comparable or even faster way to get around than a car or other modes.



### Environmental

Cycling provides a great alternative to your car as statistics show that the bulk of our car use is for short trips. With the average Australian car emitting about 4 tonnes of carbon dioxide into the earth's atmosphere every year, cycling can help to greatly reduce our greenhouse gas emissions and improve air quality.



### Financial

Commuting to and from work by bicycle provides a low cost alternative to other forms of transport. For some, cycling can provide the opportunity to avoid owning a second car. Average running costs for small to medium sized cars total about \$200 per week. Significantly higher costs can be expected for larger vehicles.



## BIKES ON PUBLIC TRANSPORT

Although bicycles are not allowed on buses in Wollongong, you can take your bike on CityRail trains free of charge in non-peak travel times. However if some of your journey is made between 6am and 9am or between 3.30pm and 7.30pm during weekdays, you will need to purchase a child's ticket for your bike in addition to your own ticket.



### Bicycle lockers for hire

The following stations have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft:

- Bulli Station
- Coniston Station
- Corrimal Station
- Cringila Station
- Dapto Station
- Fairy Meadow Station
- Helensburgh Station
- Port Kembla Station
- Thirroul Station
- Towradgi Station
- Unanderra Station
- Wollongong Station
- North Wollongong Station

Log on to [131500.com.au](http://131500.com.au) for details on how to hire a locker at one of these locations.



## LOCAL CYCLE GROUPS

Illawarra Bicycle User Group Incorporated (iBUG)  
[www.ibug.org.au](http://www.ibug.org.au)

Illawarra Cycle Club  
[www.illawarracycleclub.org.au](http://www.illawarracycleclub.org.au)

Illawarra Triathlon Club  
[www.itc.org.au](http://www.itc.org.au)

Illawarra Touring Cycle Club  
Email: [igones@tpe.com.au](mailto:igones@tpe.com.au)

WEA Ramblers  
[www.illawarraramblers.com.au](http://www.illawarraramblers.com.au)

Wollongong Mountain Bike Club  
[www.wmcb.asn.au](http://www.wmcb.asn.au)

## ROAD RULES AND REGULATIONS

Cyclists have the same rights and responsibilities as drivers and motorcycle riders with some additional rules specifically for cyclists.

- Cyclists are only permitted to ride on a footpath if they are under 12 years of age or accompanying a rider under 12 years.
- All bicycles must be fitted with an effective brake and a horn, bell or similar warning device.
- Cyclists and passengers must wear an approved, correctly fitted and fastened bike helmet.
- When riding at night, cyclists must have a steady or flashing white light on the front and steady or flashing red light at the rear of the bike.
- Cyclists may ride two abreast but must ride within 1.5 metres of each other.
- Always use hand signals when stopping or turning.
- Cyclists must not ride on a pedestrian crossing unless there is a green bicycle light.
- Cyclists may overtake another vehicle on the left unless that vehicle is turning left and signalling.
- A cyclist may travel to the front of a line of traffic on the left side of stopped vehicles.
- Cyclists may turn right from the left hand lane of a multi lane roundabout providing you give way to any other vehicle leaving the roundabout.
- More information [www.bicycinfo.nsw.gov.au](http://www.bicycinfo.nsw.gov.au)  
RTA Handbook for Bicycle Riders [www.bicycinfo.nsw.gov.au/downloads/bicycle\\_riders\\_handbook.pdf](http://www.bicycinfo.nsw.gov.au/downloads/bicycle_riders_handbook.pdf)

## REPORTING HAZARDS

Visit the Roads and Maritime Services website [bicycinfo.nsw.gov.au](http://bicycinfo.nsw.gov.au). Whether you're in Wollongong or in any other Council area, travelling on a local or main road, the 'report a hazard' service on this website ensures that your notification reaches the responsible authority.

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Special Thanks to Tourism Wollongong, Illawarra Bicycle User Group and Illawarra Active Transport Taskforce.

## LOCAL BIKE STORES AND WORKSHOPS

- |                                                                                           |                                                                                                         |
|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Wollongong Bike Hub</b><br>337 Keira Street<br>Wollongong NSW 2500<br>(02) 4228 7366   | <b>Spearman Cycles</b><br>301 Keira Street<br>Wollongong NSW 2500<br>(02) 4229 2317                     |
| <b>Avanti Plus Wollongong</b><br>4 Regent Street<br>Wollongong NSW 2500<br>(02) 4231 6323 | <b>Wilson's Bike Hub</b><br>113 King Street<br>Warragong NSW 2502<br>(02) 4274 4534                     |
| <b>Illawarra Cycle Centre</b><br>89 Railway Street<br>Corrimal NSW 2518<br>(02) 4284 3434 | <b>4-10 Princes Highway</b><br>Dapto NSW 2530<br>(02) 4261 5444                                         |
| <b>Simple Cycles</b><br>80 Market Street<br>Wollongong NSW 2500<br>(02) 4229 7888         | <b>185 Princes Highway</b><br>Albion Park Rail NSW 2527<br>(02) 42561948                                |
|                                                                                           | <b>Steel City Cycle Works</b><br>365-367 Lawrence Hargrave Drive<br>Thirroul NSW 2515<br>(02) 4267 1747 |



For further information and updates visit  
[www.wollongong.nsw.gov.au/cycling](http://www.wollongong.nsw.gov.au/cycling)



## Explanation of Map Symbols

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| Freeway | Alternate Traffic Route | Traffic Light, Red Light Camera & Roundabout | Road and Railway Bridges | One-way Traffic Route & Level Crossing | National, State and Met Road Route Numbers | Railway Line and Station | Suburb Name | Local Government | Walking Track, and Horse Track | Car, Passenger Ferry | Park, Reserve, Golf Course, etc. | School or Hospital | Caravan Park, Cemetery, Shopping Centre, etc. | Mall, Plaza | Ambulance Station | Barbecue | Boat Ramp | Bowling Club | Caravan Park | Car Park | College - Private | Council Office | Court House | Fire Station | Golf Course | Guides | Hall | Hospital | Hotel | Information Centre | Kindergarten | Library | Lookout | Masonic Centre | Monument | Motel | Plastic Area | Place of Worship | Point of Interest | Police Station | Post Office | School - Private | School - Public | Scouts | Shopping Centre | State Emergency Service | Swimming Pool | Telephone | Toilets | Weighbridge |
|---------|-------------------------|----------------------------------------------|--------------------------|----------------------------------------|--------------------------------------------|--------------------------|-------------|------------------|--------------------------------|----------------------|----------------------------------|--------------------|-----------------------------------------------|-------------|-------------------|----------|-----------|--------------|--------------|----------|-------------------|----------------|-------------|--------------|-------------|--------|------|----------|-------|--------------------|--------------|---------|---------|----------------|----------|-------|--------------|------------------|-------------------|----------------|-------------|------------------|-----------------|--------|-----------------|-------------------------|---------------|-----------|---------|-------------|

## CYCLING GUIDE LEGEND

### Shared Paths

Off road paths available for use by pedestrians and cyclists. Cyclist must give way to pedestrians on these paths.



### On Road Bicycle Facilities

On road routes marked with bicycle logos either on the road shoulder or within a bicycle lane.



### Bicycle Routes

Unmarked routes that connect key locations to existing shared paths or marked on road bicycle facilities. Riders will need to mix with traffic on these routes and may encounter steep sections of road.



### Bicycle Facilities on High Speed Roads

Marked facilities in shoulder lanes on the Northern Distributor and the F6 Freeway. Suitable only for experienced riders.



### Bike Locker Locations

Some train stations have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft.



MAP CONTINUES SOUTH OVERLEAF